The MC Class recently took delivery of 5 cubic metres of super soil as a much needed donation from MI Organics, Woolgoolga branch. We will keep you posted as our garden grows!
I would like to wish all students, parents and caregivers a safe and happy holiday. School starts back for students 7, 11 and 12 on Wednesday 28th January and for 8, 9, and 10 on Thursday 29th January.

Our Annual Presentation Assembly last Monday was an exceptional event with many special guests including our local Federal Member of Parliament, Luke Hartsuyker.

James Morgan, our Dux of 2013, gave a very impressive and thought provoking speech about how many of his teachers had helped and inspired him to develop a true thirst for knowledge. James is now studying Astrophysics at the Australian National University; thanks in part from Mr Talve, Mr Scrivener and Mrs Young.

Rotary, Lions, Quota, Zonta, Legacy, the RSL Club, and the Woolgoolga Chamber of Commerce, continue to sponsor and help our students. Thank you!

Luke Hartsuyker presented Gemma Hutchinson with a cheque for $500.00 as part of a local sports grant.

The HSC results have been outstanding with significant numbers of Band 5 and 6 results (over 80%). We also excelled in the extension 1 and 2 English and Maths subjects; Callon Roach achieving a Band 6 equivalent in Extension II Maths. Jessie Gentle, Callon Roach and Keehlan Birch all achieved ATARS over 90.

Congratulations to all of our students – already well over 50% of students have accepted places in the university and faculties of their choice.

Have a great holiday, return refreshed from another action packed year at Woolgoolga High School.

Until next time
Guy Wright
Principal
IMPORTANT COMING EVENTS

Tue 27 Jan  Staff development day
Wed 28 Jan  Years 7, 11 & 12
Thur 29 Jan  Years 8, 9 & 10

The WHS P & C meets on the second Tuesday of every month at 6.30pm

Major prize winner of the Woopi draw, Sharn Lalli receiving an iPad from Mr Wright at the Presentation Day Assembly.

Woopis are issued providing instant recognition of students complying with the school expectations.

Students are encouraged to enter their woopis into the fortnightly draw where 3 winners receive a canteen voucher.

All tickets are collected throughout the semester to go into a major draw which is drawn at a major assembly.

Congratulations to this semester’s winners!
Annual Presentation

Success Crowns Effort
Forty Year 7 students attended a morning surf session with Solitary Islands Surf School on Tuesday 16th December. With some great instructors and enthusiastic students a fantastic morning was had by all.

With plenty of waves to catch, students of all ability – surfers and non surfers – had the best time catching waves or white water with plenty of help from the Solitary Islands Surf School crew.

A great way to end a fantastic year for our Year 7 students!

Thanks to all the staff, parents and students who have supported and engaged in the extra curricula activities offered for Year 7 students this year. It has made a most memorable Year for Year 7 2014!
Year 7 surfing excursion
Year 7
Estashi Amuli
Swe Aung
Liam Bartlett
Kalen Barwise
Tahli Beringer
Aynslee Finn
Kulraj Gill
Tahlia Gillespie
Amber Goodwin
Tia Hall
Pippa Hanson
Holly Hardwick
Adam Hill
Kyle James
Caleb King
Miles King
Sahaj Lalli
Jelena Layton-Sailor
Conor Macleod
Megan Mason
Madison McVey
Alex Merrett
Avalon Newman
Jarrod Nicholson
Benjamin Patch
Reece Rainbow
Mia Reynolds
Reagan Scheuermann
Niam Semple
Harlin Sidhu
Kaitlyn Simpson
Randeep Singh
Daniel Smith
Cooby Taylor-Patterson
Brooke Vandermeel

Year 8
Liam Anderson
Innogen Armitage
Holly Barker-McKenzie
Zoe Batty
Olivia Bedford
Tennaya Bellette
Taylor Briley
Bianca Cain
Aimee Carr
Abbey Choice
Caleb Cohen
Andrew Collins
Cameron Damjancuk
Joshua Dunn
Sarah Dunn
Kyle Gardner
Jamila Grace
Jaylah Grills
Noah Hill
Jamie Howard
Grace King
Ashleigh Lambert
Joshua Landi
Addisen Mallett
Kayla-May Mann
Madeline McAllister
Braedyn McCarthy
Riley McNab
Miah Mills-Izard
Sophie Muggleton
Oona Nicholson
Cameron O’Connor
Georgia Rea
Savannah Sheelah
Humraj Singh
Kartar Singh Thiara
Kelsey Sturch
Jack Taylor
Tanisha Wallace
Thomas Wong
Paris Woodgate

Year 9
Meg Beedie
Tia-Rose Bodsworth
Milli Carr
Michael Chetwood
Lachlan Collins
Amy Garrett
Zane Gatti
Kelley Henderson
Jasmine Hovemann
Edan Hull
Harkeerat Insan
Braeden Malone
Connor McRae
Jacob Nelson
Lane O’Hara
Samantha Sadlier
Sunil Sodhi
Joel Swain
Kaela Twiss
Bayley White
Tyler Wisdom
Kobi Wood

Year 10
Jacob Agnew
Matthew Chivers
Isaac Collins
Jazmyn Hennessy
Gemma Hutchinson
Cloe Jenkins
Ashlee Johnston
Jai Johnston
Emily King
Cynthia Lyman
Bianca Mcneill
James Peutrill
Dayn Quiring
Dakota Rees
Gabrielle Simons
Jake Townsend

Year 11
Amandeep Singh
Cameron Bennett
Emma Cotton
Eva Harper
Holly Stapleton
Jessica Midavaine
Joshua Murray
Kyle Worrall
Lauren Chaseling
Maria Moller
Mishayla Beringer
Sahaj Arkan
Sean Stewart
Year 9 Gold Award recipients—Term 4

Year 8 Gold Award recipients—Term 4
Our school was spectacular during the recent visit to Sydney. As the accompanying teacher I took 12 Year 8 students to Sydney to join in a celebration of public education in the Creative and Performing Arts. There were singers, dancers, acrobats, puppets, actors and various bands that showcased the talent from all over New South Wales.

Mrs Claire O’Halloran organised the girls in March when auditions were called for in CAPA for the School Spectacular. All schools across the state must audition and send in their filmed work to be accepted. Luckily Mrs O’Halloran put in an audition that really puts dancing on the front step at our school. We were into the show and off to Sydney.

The culmination of this trip resulted in two rehearsals with other students from the North Coast – from Tweed River High, west to Inverell and Camden Haven in the south. In Sydney we joined up with 2500 other students, many of them from Performing Arts Schools; and with 300 other dancers, the ACDC song “Thunderstruck” really shook the stadium.

Rehearsals went for two and a half days, with four shows and 4,000 students completing a four hour performance. It was exhilarating, fun, disciplined, and a fantastic time was had by all. Staying right in the centre of Sydney at a Youth Hostel along with other School Spec. Schools we had to cater for ourselves deciding on what to eat and how to cook it whilst also having to be aware of our manners and behaviour as there were many more backpackers and travellers staying there from all over the world. It was a huge learning experience in just being in Sydney and we loved it. We walked to rehearsals each day along busy Sydney streets and the atmosphere reflected the excitement of School Spectacular.

Needless to say, the train trip home was quiet, but we talked about the fun we had and all the new students we had met from all over the state. It was huge, but the best part is the organisation and care Mrs O’Halloran made when she entered us into this excursion. We are thankful and hope next year will bring as much dancing, drama and creativity as this year. Thanks Mrs O’H. Dancing is the best!!
During the past couple of weeks, eleven students from across Year 9 and 10 have been attending the Woolgoolga Surf Club to undertake training towards the qualification Cert II in Public Safety (Aquatic Rescue). Year 10 students have been doing this as part of their Work Experience.

Those students who successfully complete both the Bronze Medallion Assessment and the 35 hour work placement (Surf Club Patrols) have the option of 2 units credited towards their HSC.

Their final assessment is to take place this week and we wish them all the best and thank these students for being “ground breakers” in this TAFE qualification at Woolgoolga High School. We hope to be able to continue offering this program in the future, to benefit more students and the local Woolgoolga Community.
I am extremely proud of the team of six riders who competed at the Clarence Valley Equestrian Challenge at Grafton. There were 180 horses at this event, all top quality horses and the competition was strong.

To compete at this level students must be extremely dedicated and ride and care for their horses every day. Dedication is paramount. To prepare for a competition, each horse needs to be washed and manes and tails shampooed and braided. The mane needs to be plaited and either sewn in place or held with rubber bands in rosettes and the tail is braided or clipped and trimmed. As each team member completes their own preparation, they then go and help anyone who needs help. In the evening all managed to have lots of laughs with teams from other schools coming to our camp to join us for some socialising. Sunday held the sporting events and everyone did well. Team penning, was a whole new fun event for our girls, where three riders have to select three tagged cows and using team work, put all three cows (heifers) in a pen, in the time allowed. A fabulous effort - well done girls.

Special thanks must go to Rhonda Kesby, an experienced local riding instructor, very much for stepping into the role of Team Manager for these dedicated girls. See the website for the full story and more photos—http://www.woolgoolga-h.schools.nsw.edu.au/news

Well done!

Rachael Norton
Macey Donohoe
Bronte Donohoe
Gemma Hutchinson
Emma Cahill
Caitlin O’Connor

Rachael Norton
Bronte Donohoe—in the Bonfield Bounce
Our team were strong competitors in the dressage, hack and rider classes.
Intensive Swimming Lessons

What a fantastic term of swimming! During term four, a number of students took part in Intensive Swimming lessons at Woolgoolga Pool. It was particularly important for these students to learn basic swimming skills as they are all newly arrived in Australia.

As Australians we know that swimming is an essential skill to learn because it is such a large part of our Aussie lifestyle. At the pool or at the beach, water safety and survival is vital!

They are now well on their way to being successful swimmers and developing a lifelong skill that promotes health and fitness as well as a lot of fun.

The students learnt correct swimming stroke formation, breathing techniques as well as water safety measures.
## 2015 SPORTS DATES

<table>
<thead>
<tr>
<th>SPORT</th>
<th>DATE</th>
<th>CARNIVAL</th>
<th>VENUE</th>
<th>TERM</th>
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<tr>
<td><strong>SWIMMING</strong></td>
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<td>Wed 4 Feb</td>
<td>School Swimming Carnival –</td>
<td>Woolgoolga Pool</td>
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<td></td>
<td>Wed 11 Feb</td>
<td>School Swimming Carnival –</td>
<td>Woolgoolga Pool</td>
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<td>Fri 27 Feb</td>
<td>MNC Zone Swimming Carnival</td>
<td>Coffs Harbour Pool</td>
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<tr>
<td></td>
<td>Thur 5 March</td>
<td>NC Regional Swimming Carnival</td>
<td>Lismore Pool</td>
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<td></td>
<td>Fri 27 Mar to</td>
<td>NSW CHS State Swimming Carnival</td>
<td>Home Bush Aquatic</td>
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<tr>
<td><strong>CROSS COUNTRY</strong></td>
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<td>Thur 2 April</td>
<td>School Cross Country</td>
<td>Woolgoolga</td>
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<td>Fri 15 May</td>
<td>MNC Zone Cross Country</td>
<td>Grafton</td>
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<td>Fri 5 June</td>
<td>NC Regional Cross Country</td>
<td>Kempsey</td>
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<td>Fri 17 July</td>
<td>CHS State Cross Country</td>
<td>Eastern Creek</td>
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<td><strong>ATHLETICS</strong></td>
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<td>Wed 6 May to</td>
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<td>Woolgoolga Sports Ground</td>
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<td>MNC Zone Athletics Carnival</td>
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<td>Fri 31 July</td>
<td>NC Regional Athletics Carnival</td>
<td>Coffs Harbour Inter-</td>
<td>3</td>
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<td></td>
<td>Thurs 3 Sep to</td>
<td>CHS State Athletics Carnival</td>
<td>Homebush</td>
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</table>

PLEASE NOTE: DATES AND VENUES ARE CORRECT AT TIME OF PRINTING BUT ARE SUBJECT TO CHANGE. PLEASE CHECK CLOSER TO EVENT.
Canteen—Eat Fresh

http://www.woolgoolga-h.schools.nsw.edu.au/parent-information

See menu with price list on the school’s website

Volunteers needed to serve in only 1 hour increments:

- 8.30am - 9.30am
- 11.00am - 12.00 noon
- 1.00pm - 2.00pm

If you can help please ring the school on 66541500 or follow the link on the school’s website to complete the expression of interest.

Art Smart

Congratulations to the following prize winners!

Judges Choice: 1st Hana Truban, Elani White, Cloe Jenkins, Dylan Souter

Peoples choice: 1st Jasmin Adams, Zac Gould, Cloe Jenkins, Sean Stewart.

Places and prizes: Cheyenne Hart, Emily Brighton, Elani Goodman, Sherry Simson, Mia Harrison, Jasmine Hooverman, Leticia Campbell and Dylan Souters
Different types of writing
Your child may be asked to present an assignment in a particular text type. Text types mean writing according to a purpose or an audience. For example, factual texts inform and literary texts entertain. This fact sheet gives several examples and the purpose of different types of writing.

Ready for high school
Can you recall what you were most apprehensive about when you started high school? This video of Year 7 students explain why teens shouldn’t be worried about starting high school, and how they can get off to a great start in the first few days.

Guide to technology tools
The holidays are traditionally the time for the big gifts that kids have been begging for all year. Here’s what to watch out for when choosing technology toys for your kids.

Printable 2015 homework calendars
Kids and families run more smoothly when there’s a plan - so print out School A to Z’s 2015 homework and study calendar, which includes key dates and school holidays. Find out more at http://bit.ly/2015SchoolCalendar.

Leaving your child at home alone
Making some clear ‘home alone’ rules with your child gives them an understanding of their boundaries and can also keep you from worrying. Most kids will be fine on their own when the appropriate time comes, so long as some guidelines are followed.

Boys and body image:
AUDIO: Rachel Friend talks with paediatrician Associate Professor Michael Kohn about the issue of body image and how it impacts on young men in particular.

Girls and body image:
AUDIO: Rachel Friend talks with the Butterfly Foundations Education Manager, Danni Rowlands about body image issues affecting young girls. Research shows young people feel under more pressure than ever to look a certain way.
THE BEST HOLIDAYS HAPPEN AT CAMP

✔️ Relaxing
✔️ Great value
✔️ Fun
✔️ Safe

Tick every box this school holidays with a Sport and Recreation Camp. Our popular Kids' and Family Camps offer a range of exciting activities to keep even the biggest kid entertained. Try your hand at over 40 different activities, including fishing, mountain biking, surfing, abseiling, crafts, kayaking, cooking and more, and relax knowing you’re in good hands. Kids’ Day Camps start from $47; Family Camp weekends start from $168 for kids and $238 for adults. Kids under five years attend free of charge. Cost includes accommodation, meals and activities.

For more information, visit:
dsr.nsw.gov.au/kidscamps
dsr.nsw.gov.au/familycamps
13 13 02
facebook.com/nswsportandrecreation
Alcohol and your child: Helpful information for parents, families and the community

The following information is provided for parents, caregivers, family and community members.

Alcohol is the most widely used recreational drug in Australia. Many adults drink to relax, celebrate, ‘escape from reality’ and enjoy themselves.

Most young people will use alcohol sensibly and safely, and only a small proportion who experiment with alcohol will go on to experience problems with its use. However, parents, caregivers, families and the wider community may have concerns about the potential problems or harms surrounding young people and alcohol.

Some of these concerns are discussed below.

How much influence can you, your family and your community have on your child’s use of alcohol?

You can play a big role in teaching your children about alcohol. Studies show that parents and families are strong influences in how young people use alcohol.\(^5\)

You can also have a significant influence on what young people think about alcohol. This is often a surprise to some parents.

Many parents believe that they don’t have much influence at all on their children when it comes to alcohol and other drugs. We now know that parents can have a significant part to play in young people’s knowledge about safe alcohol use.

Video

The Rethinking Drinking video includes a segment called ‘Family matters ... a few thoughts’, which features several parents from different walks of life talking about children, families and alcohol.

This brochure can be viewed in its entirety on the school website—
EFTPOS Facilities for credit/debit card transactions are now available for making payments at the school office. There is no cash out facility. The office is open for students to make payments before school and during Break 1.