Newcastle Knights visit Woolgoolga High

Three members of the Newcastle Knights presented their anti-bullying strategy at this week's school assembly. Students were interested in their presentation that focused on why people shouldn't bully, different types of bullying and supporting your friends in times of need. They were accompanied by NRL development officers, with Prime News also in attendance. After the ceremony, the Knights members were also briefed on the success of Woolgoolga High's student-run mentoring program S.M.I.L.E. and how (world renowned) Patrick Magorry will be working with the team of mentors next month in Coffs Harbour.
Last Wednesday we completed the school swimming carnival, although conducted with pockets of rain, it was an enjoyable day. Congratulations to Diamond house who won the carnival with Mullaway house coming close behind. Individual age champions will be published in our next Newsletter. We have a strong team going forward to the zone championships, that will be held at Coffs Harbour pool on Tuesday 26 February. Good luck!

Thank you to the Newcastle Knights rugby league team. Three of the top Knights footballers, Willie Mason, Kevin Naiqama and Akuila Uate attended our full school assembly last Monday. It was heartening that our football greats can take the time out of their busy schedules to visit schools and talk about bullying. Their message was clear and all of our students once again were encouraged to focus on the importance of making Woolgoolga High School a bully free school. I could not believe how large and strong the footballers were in person. Students were very excited, many received autographs and photographs with their idols.

Our captains, vice captains and myself were invited to our partner primary schools over the past two weeks to participate in their leadership induction assemblies. Emmanual Tan and Keely Owen presented a speech on leadership to Woolgoolga and Mullaway primary schools. Keely being the ex vice captain of Mullaway was able to include the personal touch at her past school. Likewise, Anika Morgan and Josh McBrien, being the ex captains of Sandy Beach primary school were treated as ‘royalty by the younger students after the assembly. The infant students are so impressionable and each of the schools are a credit to the staff that work in those schools. Note: Corindi had their leadership assembly late last year.

Last Monday night was the NAPLAN and Laptop night for Year 9 students. Parents were able to meet the new Year Adviser Helen Rook and with nearly all of the 174 students attending with a parent/caregiver or two, the night was a huge success. Mr Scrivener (Head Teacher of English) and Helen Young (Head Teacher Mathematics) gave an informative insight and advice session into achieving success in NAP LAN. All students then received their laptops. It should be noted that this year the laptops will remain the property of the school and will not be given to the students once they graduate Year 12. This is also possibly the last year to receive the laptops as the Digital Education Revolution will come to an end at the end of 2013. I am certain though that we will in 2014 continue to cater for the needs of 21st century learning in a new form.

All of our classrooms now have interactive data projectors and our teachers are moving ahead in leaps and bounds in introducing the new technologies into their daily lessons to enhance and engage our students. The school has a very positive vibe and staff and students are increasingly enjoying the new interactions in class. It should be noted that the technology is only a tool to enhance normal classroom activities. The most important part of any school is the interactions between the teacher and student (this is evidenced in all the literature). Having said that, the simple ability of staff being able to place the internet at the front of the room in all classrooms is indeed a major tool for classes to work with up to date content. Increasingly students are learning from digital resources and online video enables students in classrooms to learn in new ways. Throughout history, mankind has learned from watching others do things, we as a society are now using videos and the internet to learn many new things. One great site all parents and caregivers should frequent is www.khanacademy.com. Currently there are 139 million lessons on the Khan Academy and it is free. Those difficult mathematics problems can be explained in simple terms.

Woolgoolga High School is the leading ICT focussed school in the Coffs Harbour district.

Until next time,

Guy Wright
Principal
Woolgoolga High School Captains attend induction assemblies at local schools

Woolgoolga High School Captains Emmanuel Tan and Keely Owen attend 2013 School Leaders Induction Ceremonies at Woolgoolga Public School and Mullaway Public School addressing the assembly on the topic of leadership.

Woolgoolga High School Captains with Woolgoolga Public School’s newly crowned Captains Alex Rook and eagan Sheuermann.

Mullaway Public School inducted captains: (left to right): Rebecca Hopkins (Captain), Maddison Avery (Vice-Captain), William Hyde (Vice-Captain) and Luke Burke (Captain). Back row Emmanuel Tan, Guy Wright and Keely Owen.
The gun fired, the shot echoed in my ears. I plunged into the water, foggy goggles and freezing body. As I took my first gasp of air I could hear the muttered chants saying ‘GO EMERALD!’ Taking my first stroke I could see a foggy black line that reminded me of the liquorice straps at the canteen. After a few more strokes I took a deep breath as I started my tumble turn, it felt like a roller coaster at Dreamworld.

I pushed as hard as I could off the wall and glided through the water. I rapidly kicked my feet as fast as they could go with water splashing everywhere and arms flapping crazily because I knew it was my last lap of the day. A couple of strokes later I could feel my body slowing down but as I took yet another breath I could hear the chants cheering us on till the end. At this moment I swam even faster!

Then before I knew it I had hit the wall! Puffing like a train I congratulated the competitors and then climbed up the ladder. I could feel my heart pumping so hard that I thought it would explode! I was shocked to find out that I had actually come second place! I was so thrilled! I knew my hard work had paid off!

*By Rhianna Birch*

7 Yellow

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**Students’ Photographs**

There are many occasions where we would like to publish photographs of students involved in various school activities, including reports for the local papers, school newsletters, and the annual report and on our school website.

If you do not wish your child’s photograph to be used for these purposes, please notify the school in writing.

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**Reminder!**

Aerosol deodorant is not to be used at school—especially in change rooms and closed environment.
University Roadshow

Providing general information regarding university applications, early entry schemes, scholarships, costs and accommodation as well as university and course specific information.

Last year 60% of Year 12 applied for early entrance to one or more of the regional universities including UNE Armidale, Southern Cross and Charles Sturt.

Remember you can apply for early entry with or without an ATAR.

This is one of the most important university presentations so all Year 12 and any interested parents are encouraged to attend. To book a place make sure you give your name to Mr Allen in the Careers office.

When: Tuesday 5 March
Period 5—2.10pm-2.10pm.
Where: A Block Forum

On Tuesday 19th March a Workplace Health & Safety course (previously White Card) will take place in the school library - only 5 places left!!!!
Impetigo

(“Scabby Sores”)

Symptoms & Signs
Commences as small red spots which quickly change to blisters. The sores enlarge and become pus-filled and crusted. When the scab falls off a small temporary scar remains. The face and hands are most often affected but other parts of the body may be affected, particularly the scalp. Tenderness and swelling of the lymph glands in the groin, armpit or neck may occur.

Usual time between infection and illness
5-21 days (average 10 days)

How long to keep your child away from school or pre-school because of the risk your child may infect other children
Your family doctor should be consulted. If the sores are being treated and are properly covered by a clean dressing, children are allowed to attend school. If they are not covered and are on exposed parts of the body such as scalp, hands or legs, the child should be kept at home until sores have healed.

Whether to keep contacts home from school or pre-school (“Contacts” are people who have been close to the patient for some time and could catch the disease)
It is not necessary to keep contacts at home.

Jobs fair survey

Year 10 students

If you haven't completed your survey for the Woolgoolga Chamber of Commerce please go to the Links tab on the school website, then click on the link for the jobs fair survey and use your Moodle login and password to complete it. Please do this asap as the selections will help to nominate people to speak to you on the Careers Day in May.
The NSW Premier's Reading Challenge has officially started on 1st February 2013. Although the challenge officially runs from 1 February to 1 September each year, books read from 1 September 2012 count toward the 2013 Challenge.

Students participating in the 7-9 Challenge need to read 20 books, with a minimum of 15 PRC books (from WHS Library or anywhere). 5 books may be books or texts experienced in class (see example above) or other books not on the PRC list. Students are permitted to borrow up to 4 books at a given time, with Woopis given to borrowers from Week 3 onwards, to go into the fortnightly assembly draws.

Remember to 'Read is to Succeed'. Good readers are good writers who are good spellers. Try reading today - see the Library staff for assistance.

See Mrs Hart for more details about the Premier's Reading Challenge or view at https://products.schools.nsw.edu.au/prc/home.html.

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Technology talks

Find out about all the technologies your child could be using at school, at home and on the go. Scan the A-Z list for overall knowledge, find out how gadgets work, what their good points are and other usages you may need to be aware of.

Find out more:
http://www.schoolatoz.nsw.edu.au/technology

Jargon buster

Wondering why your kids talk about playing under the school COLA? Baffled at parent – teacher discussions about KLA’s? This list of common abbreviations or terms will help you to become familiar with the world inside school.

Find out more:
A big thankyou to those students who assisted at the Year 12 fundraising BBQs held during Week 3 and 4 - and to those who bought their tasty morning treats.
### IMPORTANT SPORT DATES 2013

<table>
<thead>
<tr>
<th>SPORT</th>
<th>DATE</th>
<th>CARNIVAL</th>
<th>VENUE</th>
<th>TERM</th>
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<tbody>
<tr>
<td><strong>SWIMMING</strong></td>
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<td>Tue 26 Feb</td>
<td>MNC Zone Swimming Carnival</td>
<td>Coffs Harbour Pool</td>
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<td></td>
<td>Thurs 7 Mar</td>
<td>NC Regional Swimming Carnival</td>
<td>Coffs Harbour Pool</td>
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<td>Thurs 4 April to</td>
<td>NSW CHS State Swimming</td>
<td>Home Bush Aquatic Centre</td>
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<td>Sun 7 April</td>
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<td><strong>CROSS</strong></td>
<td>Fri 12 April</td>
<td>School Cross Country</td>
<td>Woolgoolga</td>
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<td><strong>COUNTRY</strong></td>
<td>Fri 24 May</td>
<td>MNC Zone Cross Country</td>
<td>Woolgoolga</td>
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<td></td>
<td>Fri 7 June</td>
<td>NC Regional Cross Country</td>
<td>Lismore Race</td>
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<td></td>
<td>Fri 19 July</td>
<td>CHS State Cross Country</td>
<td>Eastern Creek</td>
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<tr>
<td><strong>ATHLETICS</strong></td>
<td>TBA</td>
<td>School Athletics Carnival</td>
<td>Woolgoolga Sports</td>
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<td></td>
<td>Thurs 20 June</td>
<td>MNC Zone Athletics Carnival</td>
<td>Coffs Harbour Inter-</td>
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<td></td>
<td>Fri 2 August</td>
<td>NC Regional Athletics Carnival</td>
<td>Kingscliff</td>
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<td>Fri 5 Sep to Sat</td>
<td>CHS State Athletics Carnival</td>
<td>Homebush</td>
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**PLEASE NOTE:** ALL DATES AND VENUES ARE CORRECT AT TIME OF PRINTING BUT ARE SUBJECT TO CHANGE SO PLEASE CHECK CLOSER TO EVENT

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**Rotary Auction**

Woolgoolga Rotary Club’s next Rotary Auction is scheduled for Saturday 2nd March. The school needs to supply a dozen able-bodied helpers over 16yrs from 8am - 11am, then 1pm - 3pm,

See Mrs Hart asap if you can support this worthwhile community group at one of the times mentioned.
Shop & Win $10,000* Cash for our School!

Start collecting Park Beach Plaza receipts today.

Support our school every time you shop at Park Beach Plaza.

Help our school share in $15,000 worth of prizes including $10,000 cash for first prize! Simply take any Park Beach Plaza store receipt including petrol and groceries to Customer Information and nominate our school.

Earn triple points for shopping at the following stores:

- TerryWhite chemists
- justcuts
- DMC
- COFFERS
- Athletes Foot
- Newsagency
- red rooster
- Specsavers
- Curious Minds
- Woolworths
- ProOptics

PLUS present a Woolworths receipt and WIN a $500 Woolworths Gift Card every week!

Proudly Supported by

Advocate 2012

www.parkbeachplaza.com.au
125 Specialty Stores. Open 7 days.
Reminder to senior students

* When driving to and from school you will need to complete the 'Conditions for Application for Student Drivers' form. This can be obtained from your year Deputy Principal.

* All senior students are to remain on school premises for the entire day. Those wishing to leave at recess or lunch time will need prior permission.

* Flexible leave passes are for students who have no timetabled classes for the beginning or end of the school day. Applications are available from your Deputy Principal.

* All senior students with unscheduled classes are expected to study in the 'Senior Area' in the Library.

<table>
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<tr>
<th>MONDAY 25 February</th>
<th>TUESDAY 26 February</th>
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<th>THURSDAY 28 February</th>
<th>FRIDAY 1 March</th>
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<td>Justine Bonney</td>
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<tr>
<td>Amanda Williams</td>
<td>Beverley Moodie</td>
<td>Cathy Bond</td>
<td>Kathy Stevens</td>
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Contact Kerri Green 6649 2303 or 6654 1500
If possible, please arrange a swap if you are unavailable on your rostered day
Canteen Hours: Mon/Tue/Thur/Fri 10am to 2pm Wednesdays 10.30am to 1.30pm
RITCHIES COMMUNITY
BENEFIT CARD PROGRAM

This program donates a percentage of the money spent by customers to their nominated club, school or charity. Many schools and charities are receiving over $1000 every month. By shopping at Ritchies’ Coffs Harbour IGA, you can help our school and benefit students. Ritchies’ Community Benefit Card saves you money and helps your favourite organisation at the same time.

BAGS ARE STRICTLY PROHIBITED IN THE SCHOOL LIBRARY DUE TO SECURITY REASONS
Please avoid awkward situations by abiding by this rule
Library Staff

Instructor: Phil Hannaford 0409135735

To book call 1300 696 762

Tuition
All ages, all abilities
All subjects, Qualified Teachers
NAPLAN preparation
Woolgoolga and Coffs Harbour Drama, Art, Languages—Coffs

Phone 6654 8397
Woolgoolga Boardriders... for every ability surfer!

Sign on day and first Comp for Under 14s through to adult sections this **SUNDAY 24th February**. Sign on forms available at local corner shops (Mullaway, Sandy, Emerald and Madness Surf). Meet at Woopi Headland 7am.

All welcome!

Are you a young guy or girl Grom interested in starting surfing or improving your abilities? This is for you... **Junior Events at Woolgoolga Boardriders run by Solitary Islands Surf School.**

Divisions starting at under 8s through to under 14s. Parent assistance is allowed and is suitable for all abilities. First event Sunday 10th March 8am-11am cost $45, includes club shirt.

Like Woolgoolga Boardriders on Facebook for updated Info.

Contact Gary Patterson for details 0409301110 or

Darren Quigley for Junior Event Details 0438561370
Enclosed shoes in school colours—black, white, navy, grey, blue—preferably leather—NOT canvas as they do not adequately ensure safety.

A Woolgoolga High School Tie is now available for purchase at the onsite uniform shop at a cost of $16.

This has previously been approved through the community consultation process and is offered as an additional (and optional) part of the uniform.

EFTPOS Facilities for credit/debit card transactions are now available for making payments at the school office. There is no cash out facility. The office is open for students to make payments before school and during Break 1.

The WHS P & C meets on the second Tuesday of every month at 7.00pm

We’re on the Web:
www.woolgoolga-h.schools.nsw.edu.au
Student Name: ____________________________

Parent/Caregiver student resides with: -

____________________________________________________________________
____________________________________________________________________
____________________________________________________________________

New Residential Address:
____________________________________________________________________
____________________________________________________________________
____________________________________________________________________

New Correspondence Address:
____________________________________________________________________
____________________________________________________________________
____________________________________________________________________

Other Parent/Caregiver: ____________________________

____________________________________________________________________
____________________________________________________________________
____________________________________________________________________

New Residential Address:
____________________________________________________________________
____________________________________________________________________
____________________________________________________________________

New Correspondence Address:
____________________________________________________________________
____________________________________________________________________
____________________________________________________________________

Father/Caregiver: Home ______ Mobile ________ Work ______

Mother/Caregiver: Home ______ Mobile ________ Work ______

Other Parent/Caregiver: (H) ______ (M) ________ (W) ________

Emergency Contacts

1. Name__________ Relationship ______ Home ______ Mobile ________

2. Name__________ Relationship ______ Home ______ Mobile ________

Email Address for School Newsletter:

Please provide updated information and return to Woolgoolga High